

## Allergen Matrix – Tin Can Kitchen

**Key:**

Allergen	Code
Celery	Ce
Crustaceans	Cr
Fish	F
Milk	Mi
Mustard	Mu
Peanuts	P
Soya	So
Cereals containing gluten	G
Eggs	E
Lupin	L
Molluscs	Mo
Tree nuts	TN
Sesame seeds	Se
Sulphites	Su
May contain	M/C:
Gluten-free available	GFA
Vegan available	VeA

## Products (Daytime Menu):

Product Name	allergens	may contain
Bacon Bap	G, GFA	Mi, Se
Sausage Bap	G, GFA	Mi, Se
Vegan Sausage Bap	G	Mu, Se, Ce, So
Breakfast Bap	E, G, GFA	Mi, Se
Big Breakfast Bap	E, G, GFA	Mi, Mu, Se, Ce, So
Vegan Smasher	G	Mu, Se, Ce, So
The Don	E, G, GFA	Mi, Se
Boxed Breakfast (Meat)	E, G, GFA	Mi, Mu, Se, Ce, So
Boxed Breakfast (Veggie)	E, G, GFA	Mu, Se, Ce, So
Quarter Pounder	G, GFA	Mi, Se
Quarter Pounder w/Cheese	G, GFA, Mi	Mi, Se
Bacon 1/4 Pounder w/Cheese	G, GFA, Mi	Mi, Se
Double 1/4 Pounder w/Cheese	G, GFA, Mi	Mi, Se
Big Breakfast Burger	G, GFA, E, Mi	Mi, Se
Naked Chicken Burger	G, GFA, E, Mi	Se
Chicken Strip Burger	G, GFA, E, Mi	Se
Jumbo Hot Dog	G, Mu	Se, Mi
Seasoned Fries (Reg)		Mu, Se, Ce, So
Seasoned Fries (Large)		Mu, Se, Ce, So
Seasoned Fries w/Cheese (Reg)	Mi	Mu, Se, Ce, So
Seasoned Fries w/Cheese (Lrg)	Mi	Mu, Se, Ce, So
Dirty Fries w/BBQ Beans	Mi, Mu	Se, Ce, So
Dirty Fries w/Pulled Pork	Mi, Mu	Se, Ce, So
TCK Chilli Cheese Fries	Mi, Mu	Se, Ce, So
MYO Fries (Make Your Own)		Mu, Se, Ce, So
Grilled Chicken Salad	Mi, E (Ranch)	
Falafel Salad		Mu, Se, Ce, So
Halloumi/S.dried Toms Salad	Mi, E (ranch)	
Side Salad	E (ranch)	
Tin Can Chilli & Rice	Mi (sour cream)	Mi

## Products (Evening Menu):

Product Name	Allergens	May contain
Tin Can Burger	Mu, E, G, GFA	Mi, Se
TCK Bacon Cheeseburger	Mu, Mi, E, G, GFA	Se
Good Morning Burger (Chix)	Mu, Mi, E, G, GFA	Se
Good Morning Burger (Beef)	Mu, Mi, E, G, GFA	Se
The Goliath	Mu, Mi, E, G, GFA	Se, F
Crispy Chicken	Mu, Mi, E, G, GFA	Se, F
Naked Chicken	Mu, Mi, E, G, GFA	Se
Chicken Big Stack	Mu, Mi, E, G, GFA	Se, F
Tin Can Club	Mu, Mi, G, GFA	Se
Tin Can Pulled Pork	Mu, G, GFA	Se, Mi
TCK Chilli Cheeseburger	Mu, Mi, E, G, GFA	Se
Full-On Fish	F, Mu, E, G, GFA	Se, Mi
Tin Can Cuban	Mu, G, GFA	Se, Mi
TCK Veggie Burger	Mu, G, GFA	Se
TCK Stacked & Cap	Mu, G, GFA	Se
TCK Jacked Bean Burger	Mu, G, GFA	Se, Mi
A Veggie Good Morning	Mu, E, G, GFA	Se
The Newporter	Mu, G, G	F, Se
The Sloppy Joe	Mu, Mi, G	F, Se
TCK Chilli Cheese Dog	Mi, G	F, Se
The Plant-Furter	Mu, G	Se
Pulled Pork Burrito	Mu, Mi, G	
Falafel Burrito	Mi (sour cream), G	Mu, Se, Ce, So
Grilled Chicken Burrito	Mi, G	
Tin Can Chilli Burrito	Mi (sour cream), G	Mi
Tin Can Chicken Salad	Mi	
Tin Can Falafel Salad		Mu, Se, Ce, So
Halloumi/S.dried Toms Salad	Mi	
Seasoned Fries		Mu, Se, Ce, So
Battered Onion Rings	G	Mu, Se, Ce, So
Tin Can Chicken Strips	Mi	

Tin Can Wings		Mu, Mi
Halloumi Logs	Mi	Mu, Se, Ce, So
Side Salad	Mu	E (ranch)
Side Slaw	Mu	
BBQ Beans	Mu	
Dirty Fries w/BBQ Beans	Mi (cheese)	Mu, Se, Ce, So
Dirty Fries w/Pulled Pork	Mi (cheese)	Mu, Se, Ce, So
TCK Chilli Cheese Fries	Mi (cheese)	Mu, Se, Ce, So
Tin Can Chilli & Rice	Mi (sour cream)	Mi
Kids Beef Burger	G, GFA, Mu	Se, Mi
Kids Veggie Burger	G, GFA, Mu	Mu, Se, Ce, So
Kids Fish Fingers	F, Mu (beans)	Mi
Kids Chicken Strips	Mi, Mu (beans)	
Choc Brownie	TN	
Sticky Toffee Pudding	G, E, Mi	TN
Salted Caramel Cheesecake	Mi, E	

**If you have any questions pertaining to potential allergens found in our food, please contact us via email: [eat@tincankitchen.co.uk](mailto:eat@tincankitchen.co.uk).**